



## 5th ANNUAL NURSING EDUCATION & PRACTICE SUMMIT

**June 11-12, 2018**

Great Northern Hotel  
Helena, MT

**Monday, June 11**

10:00 a.m. – 4:45 p.m. (+ Awards)

**Tuesday, June 12**

8:00 a.m. – 3:15 p.m.

11.25 Contact Hours for your MT  
Nursing License!

### WHO SHOULD ATTEND?

Nurses (and others) from all settings  
and specialties!

- ✓ Staff Nurses
- ✓ Nurse Leaders and Executives
- ✓ Nurse Educators
- ✓ Long-Term Care Nurses
- ✓ Public/Community Health Nurses
- ✓ Nursing Program Directors/Deans
- ✓ Social Workers
- ✓ Substance Use Disorder specialists
- ✓ Nursing Students

### You Will Gain the Ability and Knowledge to Perform These Skills:

- Recite the warning signs for suicide in different population groups
- Identify interventions for patients who are suicidal
- Describe how to complete a suicide risk assessment and safety plan
- Identify available VA resources for suicidal veterans and how to transfer/coordinate their care
- Recognize signs and symptoms of the more commonly abused prescription drugs and how they might impact suicide potential
- Contrast the different perspectives and experiences of suicide-loss survivors, from professional to parent
- Discuss the importance of historical trauma and its impact on health
- Review the elements of the Montana Professional Assistance Program and summarize how to refer a colleague
- Identify three methods to help you and your coworkers avoid physical and emotional burnout
- Describe how Laughter Yoga can help make your world a better place—yes, it's a thing!

## SPEAKERS

### Focusing on the Importance of Behavioral Health

- **Karl Rosston, LCSW**, DPHHS Suicide Prevention Coordinator
- **Juliana Hallows, LCPC**, MT VA Suicide Prevention Coordinator
- **Keaten LaBrel, Pharmacist**, MT VA; specializes in Behavioral Health
- **Virginia P. Allery, PhD**, Educator; expertise in historical trauma, especially in the Native American population
- **Michael Ramirez, MS**, Clinical Coordinator at Montana Professional Assistance Program
- **Dr. Nathan Munn, MD**, Instructor of Psychological Sciences, Helena College
- **Anna Rolando, MS**, Counseling Services Director, Carroll College
- **Bill and Lisa Wheeler**, Jacob Wheeler Foundation
- **Dr. Pat Van Wyk, PhD**, psychologist & certified mindfulness practitioner
- **Lori Mitchell, RN**, Pathways Treatment Center; Laughter Yoga practitioner.

*And more to come!*

Questions? Contact Casey Blumenthal  
[Casey.blumenthal@mtha.org](mailto:Casey.blumenthal@mtha.org)

Registration Will Become Available Early in 2018

